Kindness Postcards or Postcards to Those Self-Isolating

Write a postcard to a friend, neighbour or someone at your local care home to brighten up their day and help them feel connected to their community. On the back of the postcard, draw a picture of something that could make them smile.

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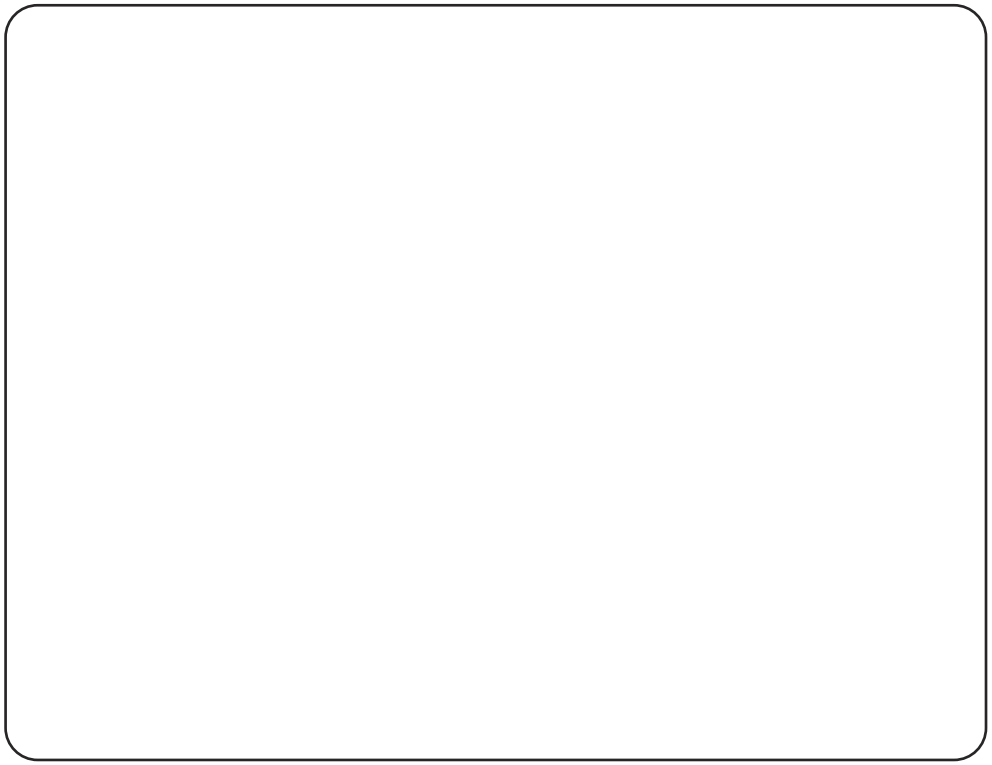

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