Cricket: Fill the Bucket

YST TOP SPORTSABILITY

Fill the Bucket is a game that helps players to develop moving and fielding skills.

What you need

- Any flat indoor or outdoor space appropriate to the size of the group. (See illustration).
- An empty bucket, ball bin or hoop per team.
- Variety of balls; one per player.
- Cones.

How to play

- Group players in teams of 4-6.
- Each team lines up behind a throwing line.
- The first player rolls a ball away from the throwing line not too fast.
- For each ball rolled out, a player follows it, fields the ball, brings it back to start end and puts it in the bucket.
- The player rolling the ball repeats this for each player in the team in turn.
- Another player becomes the roller and the game is repeated until every player has taken a turn at rolling the balls.
- The first team to complete the sequence wins!

Think about

- Rolling the ball slowly enough for the chasing fielder to catch it.
- Rolling the ball out at different angles.







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Use the STEP model to modify this game:

Space

- Increase or decrease the distance the ball is rolled depending on the mobility of the players.
- The distance can be varied for different players in the same team.

Task

- Instead of rolling the balls out, place the balls in a bucket or hoop at the opposite end of the playing area; players go out in turn to retrieve a ball and return it to the home bucket or hoop.
- Players can roll the balls in any way; for example, some players can use a ball-sending ramp to send the ball for others to chase.
- Some players can move before the ball is rolled, or move towards the ball from the opposite direction.

Equipment

- Different size and density balls can be used; for example, larger sponge balls.
- Where retrieving a ball from the ground is difficult, balls can be placed on a cone or batting tee for easier collection.

People

- Get players into two teams and play a team version balls are left at far end and teams go out one at a time to retrieve a ball and bring back to their bucket.
- Some players, for example, those who have vision impairments, can work with a guide; when rolling the ball a partner can provide a verbal cue from the opposite end.

Safety

- Only chasing players in the playing area.
- Keep the playing area free of clutter; for example, loose balls.

How to improve

Rolling

• Roll/throw the ball with leg/arm opposite the throwing arm forward.

Chasing

• Keep eyes on the ball.

Integrity

Whatever modifications are used, maintain the integrity of the game. Avoid modifying a game to the point where it no longer resembles the original.

Links

For more information about cricket for all abilities, visit: *https://www.ecb.co.uk/england/disability*

Extension game - Roll it Back

- This version combines moving and rolling or sending the ball.
- The player who goes out rolls the ball back to the next player in their team. That player fields the ball and places the ball in their team bucket. The first player returns to the home line.