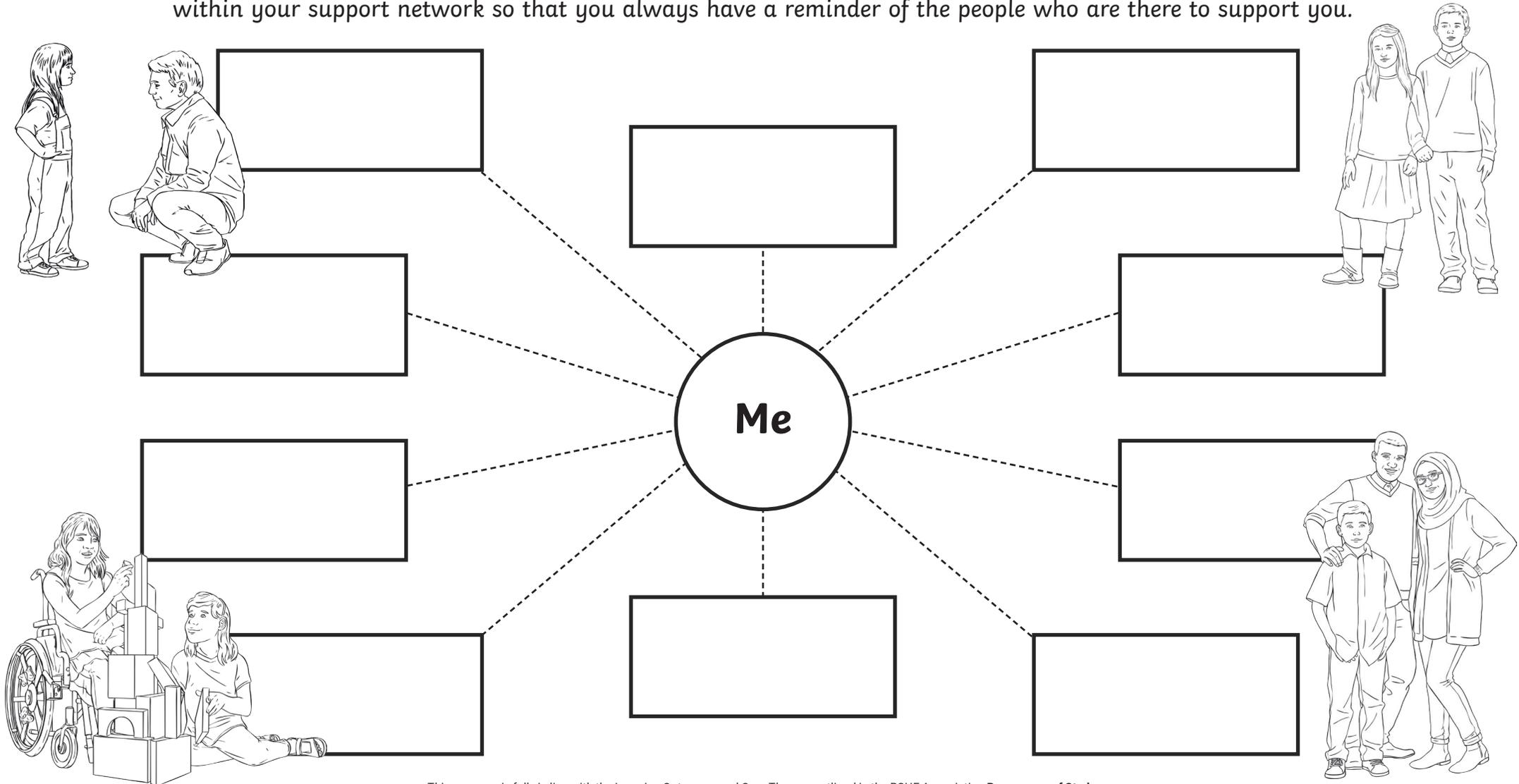


Support Networks

Think about the people who are there to support you. This could be family members, friends, teachers, other adults, support workers or online support sites (always check these with a grown-up). In the Support Network Web below, write the names of every single person within your support network so that you always have a reminder of the people who are there to support you.



This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association [Programme of Study](#).