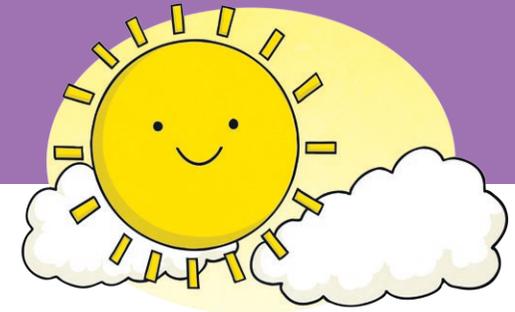




Positive Thinking Challenge Cards

Create an acrostic poem,  
using the word **UNIQUE**.



Positive Thinking Challenge Cards

Draw a picture of yourself  
doing something that  
makes you feel happy.



Positive Thinking Challenge Cards

Use a thesaurus to find  
synonyms for unique.  
What are the antonyms?

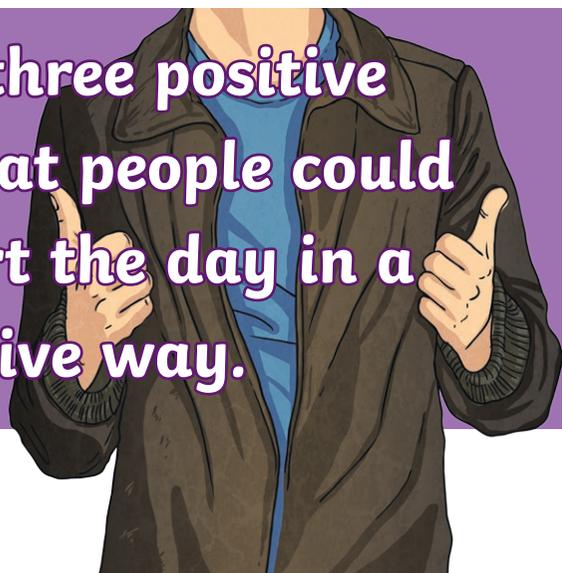
Imagine what the world would be like if we were all the same. Write or draw what you think it would be like.



List five things that make you unique. Illustrate your list.



Think of three positive thoughts that people could use to start the day in a positive way.



Design a postcard to send to cheer up a friend. Write a message on the back to help them with positive thinking.

**Draw an outline of a person  
and fill it with lots of different  
words that could be used to  
describe you.**

