



# Ideas for planning your day – the Weaver way!

		Suggested activities
By 9am	Rise and shine!	Eat breakfast, make your bed, wash your face, brush your teeth. We're ready for the day!
9-10am	School work	Try a few pages from the school workbooks (English/phonics and Maths)
10 – 10:30am	Exercise and snack	Walk your dog, try some yoga, run around the garden, follow an exercise video, Just dance, Joe Wicks, Amaven
10:30 – 11am	Recall: Spellings, number bonds, times tables	TT Rockstars, Spelling Frame, Scrabble, Boggle, dice games
11 – 12 noon	Creative time	Crafting, junk modelling, baking or cooking, lego, construction, listen to music, compose or practise your instrument, sing, make a movie
12 – 1pm	Lunch	Help prepare and clear away
1 – 2pm	School work	Pages from workbooks or online learning Mathematics, BBC Bitesize – see the list of suggested links on the school website including History, Geography, Science
2 – 2.30pm	Exercise or fresh air	Gardening, bird watching, bounce a ball, skip, hopscotch with chalks
2.30 – 3pm	Chores	Fold the laundry, wipe down surfaces, tidy your room, wash dishes, Hoover
3 – 3.30pm	Quiet time	Curl up with a good book, or listen to free audiobook on Audible, try a puzzle, wordsearch, Sudoku, crossword