

Year 2 – PSHE End Points – Weaver Primary School

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| Families and RelationshipsFamilyFriendshipsRespectful relationshipsChange and loss | * To know that families can be different to my family.
* To know some problems which might happen in friendships.
* To know what good manners are
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| Health and wellbeingHealth and preventionPhysical health and well beingMental well being | * To know that food and drinks with lots of sugar are bad for our teeth.
* To know the importance of exercise to stay healthy.
* To know breathing techniques can be a useful strategy to relax.
* To know that a growth mindset means being positive about challenges.
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| Safety and the changing bodyBeing safe (including online)Drugs, alcohol and tobaccoThe changing adolescent bodyBasic first aid | * To know the PANTS rule.
* To know the difference between secrets and surprises.
* To know the rules for crossing the road safely.
* To know that medicine can help us when we are ill.
* To know we can only take medicines when a trusted adult says we can.
* To know the names of private parts of our bodies including private parts.
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| Citizenship | * To know that some rules are made to be followed by everyone and are known as ‘laws’.
* To know how democracy works in school through the school council.
* To know how to help look after the school environment.
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| Economic wellbeing | * To know some of the ways in which adults get money.
* To know the difference between ‘need’ and ‘want’.
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| Transition | * To know that change is part of life.
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