

Year 5 – PSHE End Points – Weaver Primary School

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| Families and Relationships | * I know that marriage is a legal commitment and is a choice people can make. * I know what action a bystander can take when they see bullying. * I know that discrimination is the unfair treatment of different groups of people, especially on the grounds of race, age, sex, or disability. |
| Health and wellbeing | * I understand the risks of sun exposure. * I know that relaxation stretches can help us to relax and de-stress. * I know what can cause stress. |
| Safety and the changing body | * I know the steps before sending a message online (Use the THINK mnemonic) * I know some strategies I can use to overcome pressure from others and make my own decisions. * I know the process of the menstrual cycle. * I know puberty happens at different ages for different people. * I know how to assess a casualty’s condition. |
| Citizenship | * To know what happens when someone breaks the law. * To know that parliament is made up of the House of Commons, the house of lords and the Monarch. * To know that parliament is where MPs debate issues, propose laws and challenge the governments’ work. |
| Economic wellbeing | * To know that when money is borrowed it needs to be paid back, usually with interest. * To know that it is important to prioritise spending. * To know that the income is the amount of money received and expenditure is the amount of money spent. * To know some ways that people lose money. |
| Transition | * To know the skills needed for roles in school. |