

Year 2 – PSHE End Points – Weaver Primary School

|  |  |
| --- | --- |
| Families and Relationships  Family  Friendships  Respectful relationships  Change and loss | * To know that families can be different to my family. * To know some problems which might happen in friendships. * To know what good manners are |
| Health and wellbeing  Health and prevention  Physical health and well being  Mental well being | * To know that food and drinks with lots of sugar are bad for our teeth. * To know the importance of exercise to stay healthy. * To know breathing techniques can be a useful strategy to relax. * To know that a growth mindset means being positive about challenges. |
| Safety and the changing body  Being safe (including online)  Drugs, alcohol and tobacco  The changing adolescent body  Basic first aid | * To know the PANTS rule. * To know the difference between secrets and surprises. * To know the rules for crossing the road safely. * To know that medicine can help us when we are ill. * To know we can only take medicines when a trusted adult says we can. * To know the names of private parts of our bodies including private parts. |
| Citizenship | * To know that some rules are made to be followed by everyone and are known as ‘laws’. * To know how democracy works in school through the school council. * To know how to help look after the school environment. |
| Economic wellbeing | * To know some of the ways in which adults get money. * To know the difference between ‘need’ and ‘want’. |
| Transition | * To know that change is part of life. |