



**EYFS**

* I know how to show sensitivity to my own and to others’ needs.
* I know how to work cooperatively and take turns with others.
* I know how to form positive attachments to adults and friendships with peers.

**YEAR 1**

* I know families are different to each other.
* I know the characteristics of a positive friendship.
* I know the term stereotyping.

My PSHE Learning Journey –

Friendships and Relationships



Family

Friendships

Respectful relationships

Change and loss

**YEAR 6**

* I know that a conflict is a disagreement or argument and can occur in friendships.
* I know and understand that stereotypes can lead to bullying and discrimination.
* I know the process of grief and understanding that it is different for different people.

**YEAR 3**

* I know that I can talk to trusted adults or services such as Childline if I experience family problems.
* I know that bullying is repeated, not a one off event.
* I know the negative impact of stereotyping.

**YEAR 2**

* I know that families can be different to my family.
* I know some problems which might happen in friendships.
* I know what good manners are.

**YEAR 4**

* I know that families are varied in the UK and across the world.
* I know and understand the different roles related to bullying including victim, bully and bystander.
* I know and understand some stereotypes related to disability.
* I know that bereavement describes the feeling someone might have after someone dies or another big change in their lives.

**YEAR 5**

* I know that marriage is a legal commitment and is a choice people can make.
* I know what action a bystander can take when they see bullying.
* I know that discrimination is the unfair treatment of different groups of people, especially on the grounds of race, age, sex, or disability.